

NEWS RELEASE – FOR IMMEDIATE RELEASE

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Solano Youth Coalition Hosts Booth at Health Fair

Fairfield - The Solano Youth Coalition (SYC) hosted a booth at the Solano Family Justice Center (FJC) Health Fair on Saturday, October 7th, in downtown Fairfield. The Health Fair was free to the public with raffles, food, music, face painting, medical and dental mobile screenings, as well as information and activity booths. The Health Fair was hosted by the Solano County District Attorney's Office in partnership with Solano County Health & Social Services.

The SYC booth featured activities and information for youth and adults on Tobacco and alcohol prevention. The highlight was a set of smoker and nonsmoker lungs; the lungs were manually inflated to simulate how differently healthy lungs function compared to smoker's lungs. The booth also had other various tobacco related resources including: e-cigarettes information, smoking effects on children, and prenatal health. There were activities for the public including smoky eyes goggles that simulate macular degeneration (an eye disease a side effect of smoking). Once the goggles were on, participants tried to toss objects into a bucket.

SYC members interacted with over 100 adults and children, giving them an opportunity to share about the different types of projects SYC works on beyond tobacco prevention, including problem gambling, healthy relationships, and underage drinking. Adults and children also had a chance to take their picture at the booth using the photo frame created by SYC promoting healthy drug free lifestyles.



