

## NEWS RELEASE - For immediate release

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 Organization: Solano County Office of Education

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## Registration Now Open for SCOE's 4<sup>th</sup> Annual Solano Youth Resiliency Summit

**SOLANO COUNTY, CA –** The Solano County Office of Education (SCOE) is hosting the 4<sup>th</sup> Annual Solano Youth Resiliency Summit, Saturday, December 10, 2022, 9:00 a.m. – 4:00 p.m. at the Sunrise Event Center located at 620 Orange Drive in Vacaville. The summit is free and open to students grades 8-12 living in or attending school in Solano County. Space is limited to the first 100 students. Students can register or learn more about the summit at Solano County Office of Education's <u>website</u>.

The theme of the youth summit event is "IGNITE: Art. Advocacy. Action." The summit will be focused on encouraging Solano's youth to get involved in leadership, share their important perspectives and develop resiliency. Various youth and expert-led workshops focusing on mental health and wellness, prevention of alcohol, tobacco and other drugs, life after high school, healthy relationships and others will be featured.

Students will discover how to use their creative talents to advocate for better ways to decrease the use of alcohol, tobacco, and other drugs (ATOD) as well as reduce other high-risk behaviors among youth. Participants will also be learning how to normalize healthy behaviors, habits, and practices.

"Solano County Office of Education is eager to host the Youth Resiliency Summit once again. It is an engaging and impactful way for us to provide students with learning that helps develop skills necessary to build resilience and effectively meet challenges, overcome adversities and advocate for positive changes in their communities," says Solano County Superintendent of Schools Lisette Estrella-Henderson

The Youth Resiliency Summit is coordinated in partnership with Drug Safe Solano, Touro University Department of Public Health, Nature of Sound, Solano Public Health, VIBE Solano, Solano County Friday Night Live, Solano Youth Coalition, and the Vallejo Project.

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Solano County Office of Education (SCOE) provides leadership, support, and fiscal oversight for charter schools and Benicia, Dixon, Fairfield-Suisun, Travis, Vacaville, and Vallejo school districts which serve approximately 60,000 students. Solano County Superintendent of Schools, Lisette Estrella-Henderson is elected by voters of Solano County. The Superintendent is a state constitutional officer who serves as the chief executive officer of SCOE and as a liaison between local school districts and the state.